November 2026 Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 7:00-8:30p Men's Open Basketball	9:30-10:30a Chair Yoga 2:45-3:20p I.E.L.S PE 4:30-8:30p Youth Basketball	9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N 5:45-7:45p Women's Volleyball	2:45-3:20p I.E.L.S PE 4:30-7:45p Youth Basketball	9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N 6:00-8:00p Nerf Wars	8:30-1:00p Youth Basketball
3:00-6:00p COED Volleyball						
8	9	10	11	12	13	14
	9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 7:00-8:30p Men's Open Basketball	9:30-10:30a Chair Yoga 2:45-3:20p I.E.L.S PE 4:30-8:30p Youth Basketball	9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N 5:45-7:45p Women's Volleyball	2:45-3:20p I.E.L.S PE 4:30-7:45p Youth Basketball	9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	8:00-1:00p Youth Basketball
3:00-6:00p COED Volleyball						
15	16	17	18	19	20	21
	9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 7:00-8:30p Men's Open Basketball	9:30-10:30a Chair Yoga 2:45-3:20p I.E.L.S PE 4:30-8:30p Youth Basketball	9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	2:45-3:20p I.E.L.S PE 4:30-7:45p Youth Basketball	9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	8:30-1:00p Youth Basketball
3:00-6:00p COED Volleyball						
22	23	24	25	26	27	28
	9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 7:00-8:30p Men's Open Basketball	9:30-10:30a Chair Yoga	7:30-8:45a School Day Out 9:30-10:30a Silver Sneakers-S 10:10-10:30a School Day Out-N 12:40-1:20p School Day Out-N 2:15-2:40p School Day Out-N 3:00-5:15p Open Pickleball-N 3:50-4:20p School Day Out-S		9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	
3:00-6:00p COED Volleyball						
29	30	1	2	3	4	5
	9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 7:00-8:30p Men's Open Basketball					
6	7					

Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with after hour access. All times subject to change. Gym schedules will vary.