

July 2026 Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	1 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	2 7:30-8:45a Summer Camp 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	3 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	4
5	6 7:30-8:45a Summer Camp 9:30-10:30a Active Seniors-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	7 7:30-8:45a Summer Camp 9:30-10:30a Chair Yoga 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	8 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	9 7:30-8:45a Summer Camp 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	10 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	11
12	13 7:30-8:45a Summer Camp 9:30-10:30a Active Seniors-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	14 7:30-8:45a Summer Camp 9:30-10:30a Chair Yoga 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	15 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	16 7:30-8:45a Summer Camp 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	17 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	18
19	20 7:30-8:45a Summer Camp 9:30-10:30a Active Seniors-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	21 7:30-8:45a Summer Camp 9:30-10:30a Chair Yoga 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	22 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	23 7:30-8:45a Summer Camp 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	24 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	25
26	27 7:30-8:45a Summer Camp 9:30-10:30a Active Seniors-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	28 7:30-8:45a Summer Camp 9:00-10:00a Youth Pickleball 9:30-10:30a Chair Yoga 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	29 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	30 7:30-8:45a Summer Camp 9:00-10:00a Youth Pickleball 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	31	1



2 Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.
 Gym is open 24/7 to those with after hour access. All times subject to change. Gym schedules will vary.
Volleyball Net will be set up on the north side on Wednesdays in July. Drop in to play anytime the gym is open!