



May 2026

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	2 9:00-11:00a Football Fundamentals
3	4 9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 5:00-7:00p Youth Soccer	5 9:30-10:30a Chair Yoga 2:45-3:30p IELS PE 4:45-7:00p Youth Soccer	6 9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	7 2:45-3:30p IELS PE 4:30-6:30p Baseball Fundamentals	8 9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	9 9:00-11:00a Football Fundamentals
10 Closed - Graduation 	11 9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N 5:00-7:00p Youth Soccer	12 9:30-10:30a Chair Yoga 2:45-3:30p IELS PE 4:45-7:00p Youth Soccer	13 3:00-5:15p Open Pickleball-N	14 2:45-3:30p IELS PE	15 9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	16
17	18 9:30-10:30a Active Seniors-S 3:00-5:15p Open Pickleball-N	19 8:30a-2:30p UNL 3rd Grade Day 9:30-10:30a Chair Yoga 2:45-3:30p IELS PE	20 9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	21 2:45-3:30p IELS PE	22 9:30-10:30a Silver Sneakers-S 3:00-5:15p Open Pickleball-N	23
24	25 Closed - Memorial Day 	26 7:30-8:45a Summer Camp 9:30-10:30a Chair Yoga 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	27 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	28 7:30-8:45a Summer Camp 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 5:00-5:30p Summer Camp-S	29 7:30-8:45a Summer Camp 9:30-10:30a Silver Sneakers-S 12:30- 1:15p Summer Camp-S 2:35-3:35p Summer Camp-S 3:00-5:15p Open Pickleball-N 5:00-5:30p Summer Camp-S	30
31	1	<p>Programs in black 1/2 the gym is reserved, red the full gym is reserved & blue program will move in the gym <u>only</u> in inclement weather.</p> <p>Gym is open 24/7 to those with after hour access. All times subject to change. Gym schedules will vary.</p>				