


April 2026

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	1	2	3	4
			9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
			3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:30-5:15p Open Pickleball-N	
5	6	7	8	9	10	11
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	9:00-11:00a Football Fundamentals
	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:30-5:15p Open Pickleball-N	10:00am COED Glow Volleyball Tournament
				4:30-6:30p Baseball Fundamentals	6:00-8:00p MS Glow Volleyball	
12	13	14	15	16	17	18
	9:30-10:30a Active Seniors -S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	9:00-11:00a Football Fundamentals
3:00-6:00p COED Volleyball	3:30-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:30-5:15p Open Pickleball-N	
	5:00-7:00p Youth Soccer	4:45-7:00p Youth Soccer		4:30-6:30p Baseball Fundamentals		
19	20	21	22	23	24	25
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	9:00-11:00a Football Fundamentals
	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:30-5:15p Open Pickleball-N	
	5:00-7:00p Youth Soccer	4:45-7:00p Youth Soccer		4:30-6:30p Baseball Fundamentals		
26	27	28	29	30	1	2
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S			
	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE	3:00-5:15p Open Pickleball-N	2:45-3:20p IELS PE		
	5:00-7:00p Youth Soccer	4:45-7:00p Youth Soccer		4:30-6:30p Baseball Fundamentals		

Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with after hour access. All times subject to change. Gym schedules will vary.