

March 2026

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
	9:30-10:30a Active Seniors -S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
3:00-5:30p COED Volleyball	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	
7:00-9:00p HS Tennis	6:00-8:00p Men's Basketball	5:30-6:30p Youth Floor Hockey-S	5:30-8:00p Women's Volleyball	5:30-6:30p Youth Floor Hockey-S		
8	9	10	11	12	13	14
	9:30-10:30a Active Seniors -S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	8:00-11:00a Shamrock Shuffle
3:00-5:30p COED Volleyball	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	
7:00-9:00p HS Tennis	6:00-8:00p Men's Basketball	5:30-6:30p Youth Floor Hockey-S	5:30-8:00p Women's Volleyball	5:30-6:30p Youth Floor Hockey-S		
15	16	17	18	19	20	21
	9:30-10:30a Active Seniors -S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
3:00-5:30p COED Volleyball	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	
7:00-9:00p HS Tennis	6:00-8:00p Men's Basketball	5:30-6:30p Youth Floor Hockey-S	5:30-8:00p Women's Volleyball	5:30-6:30p Youth Floor Hockey-S		
22	23	24	25	26	27	28
	9:30-10:30a Active Seniors -S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
3:00-5:30p COED Volleyball	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE	3:30-5:15p Open Pickleball-N	
7:00-9:00p HS Tennis	6:00-8:00p Men's Basketball	5:30-6:30p Youth Floor Hockey-S	5:30-8:00p Women's Volleyball	5:30-6:30p Youth Floor Hockey-S		
29	30	31	1	2	3	4
	9:30-10:30a Active Seniors -S	9:30-10:30a Chair Yoga				
3:00-5:30p COED Volleyball	3:30-5:15p Open Pickleball-N	2:45-3:30p IELS PE				
7:00-9:00p HS Tennis	6:00-8:00p Men's Basketball					

Notes

Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.