

SPRING 2026 PROGRAM GUIDE



Youth Programs Sponsored by:



YAY

Scholarships are now available for youth recreation programs at the ARC! Stop by to fill out a sponsorship application and return it for review. Our goal is to make ARC programs accessible to all families so every child can participate and have fun. Questions? Contact Emily at the ARC

BRAZILIAN JIU JITSU SPRING/SUMMER SESSION: MAY 4TH - JULY 27TH

No meeting on Memorial Day - May 25th

Mondays

Age 6-13 years: 5:00pm - 5:45pm

Members \$60/ Non-members \$96*

*Payment can be paid in full or split into monthly auto billed payments.

Instructor Michael Garcia



FOOTBALL FUNDAMENTALS APRIL 11TH - MAY 9TH

Sign up Deadline Tuesday, April 7th*

Saturdays @ High School Practice Field
K-2nd: 9:00am - 10:00am
3rd-6th: 10:00am - 11:00am

April 18th Meeting will be located at Field at the ARC

Members \$35 / Non-members \$50

Skill work led by AHS Football coaches and players.



OUTDOOR SOCCER

APRIL 13TH - MAY 12TH

Sign up Deadline Thursday, April 1st*

Location: Fields by Emerson Elementary School

Mondays:

3rd-6th grade: Games at 5:00 & 6:00pm
Practices will be scheduled by coaches.
Tournament - TBD

Tuesdays:

4yrs-Kinder: 4:45-5:45pm - Practice followed by game
1st-2nd grade: 6:00-7:00pm - Practice followed by game

Rosters will be posted by noon on April 6th

Members \$35 / Non-members \$50

Shin guards and cleats required.

Volunteer coaches needed-contact the ARC!



BASEBALL FUNDAMENTALS APRIL 9TH - MAY 7TH

Sign up Deadline Thursday, April 2nd*

Thursdays @ Sudman Field

Ages 5-8 (machine pitch age group): 4:30pm - 5:30pm
Ages 8-12 (kid pitch age group): 5:30pm - 6:30pm

Members \$35 / Non-members \$50

Bring Your own glove! Optional: Bring your own bat.
Skill work led by Tim Devlin - Helpers/Coaches needed



In case of inclement weather, all youth programs will be held in ARC Gymnasium

When you enroll your child in a youth sports program (excluding Jiu Jitsu) they'll receive one t-shirt per season at no extra cost, regardless of how many sports they join. If you'd prefer not to receive a t-shirt, the enrollment fee will remain the same, with the cost considered a contribution to our organization. We know not everyone wants a t-shirt, so we're offering a choice, but opting out will not reduce the fee.



Interested in coaching? Coaches receive free enrollment for child, Contact Emily Stein 308-762-2201

*Price increases \$5 after the deadline. Late registrations may not be accepted.

308.762.2201 ~ www.alliancerecenter.com ~ 1202 E. 10th Street

COED GLOW VOLLEYBALL TOURNAMENT

SATURDAY, APRIL 11TH

Sign up Deadline April 6th

6v6 Round Robin Tournament. Glowing gym, glow volleyballs, lighted nets and court lines.

Start Time: 10am

Team Fee: \$90*

*due at enrollment

Must be in high school or older to participate.



SUMMER CAMP

MAY 26TH - AUGUST 7TH

K-5th grades

A summer full of engaging activities, friends, swimming, learning & FUN! Enrollment forms available at the ARC or www.alliancreccenter.com. Spots are limited.

Weekly Fee:

\$35 non-refundable enrollment fee

Members: \$124 / Non-Members: \$134 / Scholarship: \$67



MIDDLE SCHOOL GLOW VOLLEYBALL NIGHT

FRIDAY, APRIL 10TH

6:00pm - 8:00pm

The gym will be glowing so drop in and play! Music, glow in the dark volleyballs and more!

Members Free / Non-members \$4 Day Pass



DHHS Child Care Subsidy Accepted!
Scholarships Available!!

ARC AFTER SCHOOL

PRE-K (5YRS) - 5TH GRADE

Serving APS, IELS, & St. Agnes students.

Hours: School Dismissal - 6:00pm

Hosted at Grandview Elementary School
Homework, snacks, activities, & fun!



4-DAY SCHOOL WEEK

Member \$42 ~ Non-Member \$50 ~ Scholarship \$26

5-DAY SCHOOL WEEK

Member \$52.50 ~ Non-Member \$62.50 ~ Scholarship \$32.50

DROP-IN FEE - \$18/DAY

Enrollment Fee \$30 per student/ \$15 per drop in student

To learn more or pick up enrollment forms stop by the ARC or go online to www.alliancreccenter.com/arcafterschool

YOUTH WEIGHT LIFTING

APRIL 13TH - MAY 15TH

Mondays: 6:30-7:30pm

Fridays: 12-1pm

Ages: 12+

Location: ARC - Functional Fitness Room

Members \$35 / Non-members \$50

Led by Brock Brass



PANHANDLE GYMNASTICS

Panhandle Gymnastics holds classes at the ARC. ARC Members get discounted rates. Contact Panhandle Gymnastics at 308-207-2799 or visit their website to learn more! www.panhandlegymnastics.com



JOIN THE ARC

MORE THAN A GYM

Enjoy 24-hour access, group fitness classes, steam room, saunas, red light therapy and infrared saunas, that our members love, childcare while you work out, discounted rates on youth programs, and MORE!

At the ARC, everyone belongs. Regardless of income or family situation, you're welcome here. Financial assistance is available because your health and well-being matter.

Stop by today for a tour!

STAY TUNED FOR MORE ACTIVITIES COMING THIS SUMMER!!



Scan here to register online



"Putting the Unity in Community"