

April 2025

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
		9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
		2:25-3:10p IELS PE	1:00-2:30 Special Olympics-N 3:00-5:15p Open Pickleball-N		3:30-5:15p Open Pickleball-N	
		5:30-6:30p Youth Floor Hockey-S	5:45-8:00p Women's Volleyball	5:30-6:30p Youth Floor Hockey-S		
6	7	8	9	10	11	12
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	11:00am COED Glow Volleyball Tournament
3:00-6:00p COED Volleyball	3:00-5:15p Open Pickleball-N 6:00-8:00p Men's Basketball	2:25-3:10p IELS PE	1:00-2:30 Special Olympics-N 3:00-5:15p Open Pickleball-N		3:30-5:15p Open Pickleball-N	
					6:00-9:00p Middle School Glow Volleyball Night	
13	14	15	16	17	18	19
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		7:45-8:40a School Day Out-S	
	3:00-5:15p Open Pickleball-N	2:25-3:10p IELS PE	1:00-2:30 Special Olympics-N		9:30-10:30a Silver Sneakers-S	
3:00-6:00p COED Volleyball	5:30-8:15p Futsal	5:15-6:30p Futsal	3:00-5:15p Open Pickleball-N	5:15-7:45p Futsal	12:30-1:15p School Day Out-S	
					3:30-5:15p Open Pickleball-N	
					4:25-5:00p School Day Out-S	
20	21	22	23	24	25	26
	7:45-8:40a School Day Out-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S		9:30-10:30a Silver Sneakers-S	
	9:30-10:30a Active Seniors-S					
	12:30-1:15p School Day Out-S	2:25-3:10p IELS PE	1:00-2:30 Special Olympics-N			
	3:00-5:15p Open Pickleball-N		3:00-5:15p Open Pickleball-N		3:30-5:15p Open Pickleball-N	
	4:25-5:00p School Day Out-S	5:15-6:30p Futsal		5:15-7:45p Futsal		
	5:30-8:15p Futsal					
27	28	29	30	1	2	3
	9:30-10:30a Active Seniors-S	9:30-10:30a Chair Yoga	9:30-10:30a Silver Sneakers-S			
	3:00-5:15p Open Pickleball-N	2:25-3:10p IELS PE	1:00-2:30 Special Olympics-N			
	5:30-8:15p Futsal	5:15-6:30p Futsal	3:00-5:15p Open Pickleball-N			

Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.