

DECEMBER 2024

GYM SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7

Gymnasium Project Set to begin. Please check our social media pages or call the ARC to verify gym availability.

7-9p HS Tennis

8	9	10	11	12	13	14
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Gymnasium Project Set to begin. Please check our social media pages or call the ARC to verify gym availability.

15	16	17	18	19	20	21
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9:30-10:30a Senior Fit-S **9:30-10:30a Chair Yoga** 9:30-10:30a Senior Fit-S 9:30-10:30a Senior Fit-S

3-5:30p Open Pickleball-N **2:25-3:10p IELS PE** 3-5:15p Open Pickleball-N **2:25-3:10p IELS PE** 3:30-5:30p Open Pickleball-N

7-9p HS Tennis

22	23	24	25	26	27	28
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9:30-10:30a Senior Fit-S 9:30-10:30a Senior Fit-S

3-5:15p Open Pickleball-N **2:25-3:10p IELS PE** 3:30-5:30p Open Pickleball-N



7-9p HS Tennis

29	30	31	1	2	3	4
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9:30-10:30a Senior Fit-S

3-5:30p Open Pickleball-N



7-9p HS Tennis

5	<p>Programs in black 1/2 the gym is reserved, red the full gym is reserved & blue program will move in the gym <u>only</u> in inclement weather.</p> <p>Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.</p>					
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