

April 2024

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31	1	2	3	4	5	6
	9:30-10:30a Senior Fit-S 7:45-8:45a School Day Out-S 12:30-1:20p School Day Out-S 3:30-4:30p School Day Out-S 1:30-3p Beginner Pickleball-N 3-5:30p Open Pickleball-N 6-9p Men's Bball	9:30-10:30a Chair Yoga-S	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:15p Open Pickleball-N 4-4:30p Afterschool-S		9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
7	8	9	10	11	12	13
	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:30p Open Pickleball-N 4-4:30p Afterschool-S 1:30-3:30p Football Fundamentals	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S 4:30-6:30p Baseball Fundamentals	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:15p Open Pickleball-N 4-4:30p Afterschool-S 5:30-7p Women's Drop in Basketball	4-4:30p AfterSchool-S 5-7:45p 4yrs-2nd Grade Futsal	9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	Gym closed Sat. 5:00pm until Sunday after Glow Volleyball Tournament 6-9p Middle School Glow Volleyball Night
14	15	16	17	18	19	20
Gym closed until after Glow Volleyball tournament 11a Glow Volleyball Tournament 1:30-3:30p Football Fundamentals	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:30p Open Pickleball-N 4-4:30p Afterschool-S 5:30-7:15p 3rd-6th Grade Futsal	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:15p Open Pickleball-N 4-4:30p Afterschool-S 5:30-7p Women's Drop in Basketball	4-4:30p AfterSchool-S 5-7:45p 4yrs-2nd Grade Futsal	9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
21	22	23	24	25	26	27
	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:30p Open Pickleball-N 4-4:30p Afterschool-S 1:30-3:30p Football Fundamentals	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S 4:30-6:30p Baseball Fundamentals	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:15p Open Pickleball-N 4-4:30p Afterschool-S 5:30-7p Women's Drop in Basketball	4-4:30p AfterSchool-S 5-7:45p 4yrs-2nd Grade Futsal	9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
28	29	30	1	2	3	4
	9:30-10:30a Senior Fit-S 1:30-3p Beginner Pickleball-N 3-5:30p Open Pickleball-N 4-4:30p Afterschool-S 1:30-3:30p Football Fundamentals	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S 4:30-6:30p Baseball Fundamentals				

Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.