

# December 2023

# Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	1 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	2
3	4 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 7:30-9p HS Tennis	5 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	6 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:45-7 Women's Drop in B-ball	7 4-4:30p AfterSchool-S	8 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	9
10	11 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 7:30-9p HS Tennis	12 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	13 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:45-7 Women's Drop in B-ball	14 4-4:30p AfterSchool-S	15 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	16
17	18 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 7:30-9p HS Tennis	19 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	20 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3-5:15p Pickleball-N 5:45-7 Women's Drop in B-ball	21 8-8:45 School Day Out 10:45-11:15 School Day Out- S 12:30-1:30 School Day Out- S 3:30-4:15 School Day Out- S	22 8-8:45 School Day Out-S 9:30-10:30a Senior Fit-S 10:45-11:15 School Day Out-S 12-1:30p School Day Out-S 3:30-5:30 Pickleball-N 3:30- 4:15 School Day Out-S	23
24	25 Merry Christmas! No staffed hours	26 No staffed hours	27 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 5:45-7 Women's Drop in B-ball	28	29 9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	30

31

1



New Years Eve!

Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.