Adult

Community Olympics

Saturday August 26th T-Shirt Deadline August 11th

Grab your friends and family, and put together a team of 6 to compete for GOLD!

Each team will compete in 7 events: Tug-of-War, Obstacle Course, 6x200 relay, Long Jump, Shotput, Volleyball, and Cornhole! Come have some fun!

Sign up quick! Only 10 team slots available. \$150 Team fee. Stop by the ARC for Team Registration packet and more information!

Beginner Pickleball

September 14 - October 12

Thursdays 9:30 am Tom Heckman will teach you all you need to know to play the fastest growing sport in America!

Members \$10 / Non-Members \$20

Scan here to register online



Adult

Women's Volleyball

September 6th - November 8th

Wednesdays 5:45pm, 6:30pm, & 7:15pm. Sign Up Deadline August 30th

Team Fee \$180 Registration Packets available at the ARC.

COED Volleyball 6 on 6

September 10th - November 12th

Sundays 4:00pm & 5:00pm Sign Up Deadline September 5th

Team Fee \$180 Registration Packets available at the ARC

Men's Basketball 5 on 5

October 9th - December 11th

Mondays 6:00pm, 7:00pm, & 8:00pm Sign Up Deadline October 2nd

Team Fee \$180 Registration Packets available at the ARC.

Women's Basketball Drop In

November 15th - December 27th

Wednesdays 5:45pm - 7:00pm Sign Up Anytime

Members Free / Non-Members \$15

FALL 2023 PROGRAM GUIDE

Alliance Recreation Center "Putting The Unity In Community"





308.762.2201 1202 E 10th Street www.alliancereccenter.com

Youth

Brazilian Jiu Jitsu

September 11 - November 27

Mondays

Ages 6-9 years, 5:00-5:45pm Ages 10-13 years, 5:45-6:30pm

Instructors Michael Garcia & Caleb Garcia

Members \$48/ Non-Members \$84

*Can be paid in full or split into monthly auto billed payments.

Parents Night Out

Ages 6 weeks and up



Saturdays -September 16th, October 14th, November 11th Members \$7/day, Non-Members \$10/day. 6:00-10:00pm. Play, crafts, a movie and lots of fun while you have a night out!

School Day Out Camp

Grades K-5th

Oct. 2nd, 20th, & 30th - Nov. 22nd - Dec. 21st & 22nd

Members \$15/day, Non-Members \$20/day. 7:45am-5:30pm. You choose dates to enroll.

Please bring a water bottle and a sack lunch. Auto pay Sun before camp date or pay in full at sign up. No refunds giver for unenrollment within 7 days of camp.

ARC After School

Grades K-5th

Serving APS, IELS, & St. Agnes. Students receive homework help, physical activity, snack, & more! Contact Sarah at the ARC fo availability and to learn more!





Youth

Youth Cheerleading

September 6 - October 3

Sign up deadline Wednesday August 30th*

Jacque Bair will teach cheer fundamentals and fun!

K-2nd Grade - Practice Wednesdays 4:15-4:45pm Performance Tuesday October 3rd AMS football game.

3rd-5th Grade- Practice Wednesdays 4:45-5:30pm. Performance Tuesday October 3rd AMS football game

We are looking for assistants to help.

Youth Basketball

October 17th - November 21st

Sign up deadline Monday October 9th*

4yrs - Kinder - Skill work followed by a game - 5:00pm Tuesdays starting October 17th.

1st-2nd Grade- Skill work followed by a game - 6:15pm and/or 7:15pm Tuesdays starting October 17th.

3rd-4th Boys- Skill work with AHS Boys Coach Holst Thursdays 5:45pm starting October 19th. Games, 8:30am/9:30am Saturdays starting October 21st.

5th-6th Boys- Skill work with AHS Boys Coach Holst Thursdays 6:45pm starting October 19th. Games, 8:30am/9:30am Saturdays starting October 21st.

3rd-6th Girls- Skill work with AHS Girls Coach Crile Thursdays 4:30pm starting October 19th. Games, 10:30am Saturdays starting October 21st.

Youth

Youth Outdoor Soccer August 31st - October 12th

Sign up deadline Tuesday August 22nd*

4yrs - Kinder - Group Practice August 31st 4:00pm. Games - Sunday afternoon Starting September 10th.

1st-2nd Grade- Group Practice August 31st 5:00pm. Games - Sunday afternoon Starting September 10th.

3rd-6th Grade - Group Practice August 31st 6:00pm. Games - Thursday evenings Starting September 14th

Coaches will arrange practice times. Shin Guards, Soccer Socks and Cleats Required.

Youth Football

August 27 - October 10

Sign up deadline Tuesday August 22nd*

Kinder- 2nd Grade Flag Football

Group Practice August 29th, 4:30pm Games Tuesdays & Thursdays 4:30pm & 5:30pm starting September 12th. Coaches will arrange practice times.

3rd - 4th Grade Flag Football

Group Practice Sunday August 27 at 4:00pm. Sunday Games Starting September 10th at 3p,4p &5p Coaches will arrange practice times.

5th - 6th Grade Tackle FootballGroup Practice Sunday August 27 at 5:00pm.
Sunday Games Starting September 10th at 3p,4p &5p
Coaches will arrange practice times.

*Members \$30 / Non-Members \$50. Price increases \$5 after the deadline. Late registrations may not be accepted.

Volunteer youth coaches needed! Coaches receive free enrollment for child, Contact Emily Stein 308-762-220