

May 2023

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3	4	5	6
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 6:30-7:30p Futsal	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S 4:30-6:30p Football Fundamen	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 5:45-7p Women Bball	4-4:30p AfterSchool-S 5:15-7:30p Futsal	9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
7	8	9	10	11	12	13
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
14	15	16	17	18	19	20
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
21	22	23	24	25	26	27
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	9:30-10:30a Chair Yoga-S 4-4:30p AfterSchool-S 5:45- 7p Womens Vball	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	4-4:30p AfterSchool-S	9:30-10:30a Chair Yoga-S 2:30-3:30p Afterschool -N 3:30-5:30p Open Pickleball-N	
28	29	30	31	1	2	3
Closed- open 24/7 for members	Closed-open 24/7 for members	9:30-10:30a Chair Yoga-S 5:45- 7p Womens Vball	<p>Programs in black 1/2 the gym is reserved and the other side is open. Programs in red the full gym is reserved for the program. All other times full gym open for use.</p> <p>Gym is open 24-7 for members with Key Fob access. All times are subject to change. Gym schedules WILL vary month to month based on programs!</p>			
4	5					
Programs in blue will use gym in inclement weather ☐						