March 2023

Gym Schedule

			Gym Schedule			
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	26 27	28	3	1 2	3	
3:30-6p COED Vball	9:30-10:30a Senior Fit-S	9:30-10:30a Chair Yoga-S	9:30-10:30a Senior Fit-S		9:30-10:30a Senior Fit-S	
	1:30-2:30 Special Olympics-S		3-5:15p Open Pickleball-N			
	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	2:30-3:30p Afterschool -N	
	3-5:30p Open Pickleball-N				3:30-5:30p Open Pickleball-N	
	6-9p Men's Bball		5:30-8p Women Vball	5:15-6:45p Floor Hockey		
	5	7	7	9	10	1
3:30-6p COED Vball	9:30-10:30a Senior Fit-S	9:30-10:30a Chair Yoga-S	9:30-10:30a Senior Fit-S	8-8:45 School Day Out-S	8-8:45 School Day Out-S	
	1:30-2:30 Special Olympics-S		3-5:15p Open Pickleball-N	10:45-11:15 School Day Out-S	9:30-10:30a Senior Fit-S	
	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	4-4:30p Afterschool-S	3:30- 4:15 School Day Out-S	10:45-11:15 School Day Out-S	
	3-5:30p Open Pickleball-N				3-5:30p Open Pickleball-N	
	6-9p Men's Bball		5:30-8p Women Vball	5:15-6:45p Floor Hockey	3:30- 4:15 School Day Out-S	
	12 13	14	15	5	17	1
3:30-6p COED Vball	9:30-10:30a Senior Fit-S	9:30-10:30a Chair Yoga-S	9:30-10:30a Senior Fit-S		9:30-10:30a Senior Fit-S	
	1:30-2:30 Special Olympics-S		3-5:15p Open Pickleball-N			6-10p Parents Night Out-S
	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	2:30-3:30p Afterschool -N	
	3-5:30p Open Pickleball-N				3:30-5:30p Open Pickleball-N	
	6-9p Men's Bball		5:30-8p Women Vball	5:15-6:45p Floor Hockey		
	19 20	21	22	23	24	2
3:30-6p COED Vball	9:30-10:30a Senior Fit-S	9:30-10:30a Chair Yoga-S	9:30-10:30a Senior Fit-S		9:30-10:30a Senior Fit-S	
	1:30-2:30 Special Olympics-S		3-5:15p Open Pickleball-N			
	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	2:30-3:30p Afterschool -N	
	3-5:30p Open Pickleball-N				3:30-5:30p Open Pickleball-N	
	6-9p Men's Bball		5:30-8p Women Vball			
	26 27	28	29	30	31	
3:30-6p COED Vball	9:30-10:30a Senior Fit-S	9:30-10:30a Chair Yoga-S	9:30-10:30a Senior Fit-S		9:30-10:30a Senior Fit-S	
	1:30-2:30 Special Olympics-S		3-5:15p Open Pickleball-N			
	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	4-4:30p Afterschool-S	4-4:30p AfterSchool-S	2:30-3:30p Afterschool -N	
	3-5:30p Open Pickleball-N				3:30-5:30p Open Pickleball-N	
	6-9p Men's Bball	4:30-6:30 Football Funadentals	5:30-8p Women Vball			
	Programs in black 1/2 the gym is reserved and the other side is open. Programs in red the full gym is reserved for the program. All other times full gym open for use.					Programs in blue
ARC	Gym is open 24-7 for members with Key Fob access. All times are subject to change.					will use gym in
		Gym schedules WILL vary month to month based on programs!				