

November 2022

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	1	2	3	4	5
	8-8:45 School Day Out 9:30-10:30a Senior Fit-S 10:45-11:15 School Day Out- S 12:30-1:30 School Day Out- S 3:30-4:15 School Day Out- S 3:30-5:30 Pickleball-N	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:45-8:15p Rookie B-Ball	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:15-7:30p Women's Vball	4-4:30p AfterSchool-S 4-8:00p Youth B-Ball	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	
6	7	8	9	10	11	12
Coed Vball 3:30-6p	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:45-8:15p Rookie B-Ball	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:15-7:30p Women's Vball - n	4-4:30p AfterSchool-S 4-8:00p Youth B-Ball	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	
13	14	15	16	17	18	19
Coed Vball 3:30-6p 7-9p HS Tennis	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:45-8:15p Rookie B-Ball	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 6-7:30p Women's B-Ball	4-4:30p AfterSchool-S 4-8:00p Youth B-Ball	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	
20	21	22	23	24	25	26
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:45-8:15p Rookie B-Ball	8-8:45 School Day Out 9:30-10:30a Senior Fit-S 10:45-11:15 School Day Out- S 12:30-1:30 School Day Out- S 3-5:15p Pickleball-N 3:30-4:15 School Day Out- S 6-7:30p Women's B-Ball	Closed for Thanksgiving	3:30-5:30 Pickleball-N	
7-9p HS Tennis						
27	28	29	30	1	2	3
7-9p HS Tennis	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 6-7:30p Women's B-Ball	4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	



Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.