

December 2022

Gym Schedule

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 7-9p HS Tennis 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:45-7 Women's Drop in B-ball	4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	
4	5	6	7	8	9	10
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 7-9p HS Tennis 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:45-7 Women's Drop in B-ball	4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	
11	12	13	14	15	16	17
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 7-9p HS Tennis 5:45-9p Men's B-Ball	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:45-7 Women's Drop in B-ball	4-4:30p AfterSchool-S	9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	
18	19	20	21	22	23	24
	9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S 5:45-9p Men's B-Ball 7-9p HS Tennis	9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	8-8:45 School Day Out-S 9:30-10:30a Senior Fit-S 10:45-11:15 School Day Out-S 12-1:30p School Day Out-S 3-5:15p Pickleball-N 3:30- 4:15 School Day Out-S 5:45-7 Women's Drop in B-ball	8-8:45 School Day Out 10:45-11:15 School Day Out-S 12:30-1:30 School Day Out-S 3:30-4:15 School Day Out-S	9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	Christmas Eve No staffed hours.
25	26	27	28	29	30	31
Merry Christmas! No staffed hours	No staffed hours	8-8:45 School Day Out-S 9:30-10:30a Chair Yoga 10:45-11:15 School Day Out-S 12-1:30p School Day Out-S 3:30- 4:15 School Day Out-S	8-8:45 School Day Out-S 9:30-10:30a Senior Fit-S 10:45-11:15 School Day Out-S 12-1:30p School Day Out-S 3-5:15p Pickleball-N 3:30- 4:15 School Day Out-S 5:45-7 Women's Drop in B-ball	8-8:45 School Day Out-S 10:45-11:15 School Day Out-S 12-1:30p School Day Out-S 3:30- 4:15 School Day Out-S	8-8:45 School Day Out-S 9:30-10:30a Senior Fit-S 10:45-11:15 School Day Out-S 12-1:30p School Day Out-S 3:30-5:30 Pickleball-N 3:30- 4:15 School Day Out-S	



Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.