

September 2022

GYM SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1 4-4:30p AfterSchool-S	2 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	3
4	5 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	6 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S	7 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:15-7:30p Women's Vball	8 4-4:30p AfterSchool-S	9 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	10
11 3:30-6p Coed Vball	12 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	13 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:30-6:30p Youth Flag Fb	14 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:15-7:30p Women's Vball	15 4-4:30p AfterSchool-S 4:30-6:30p Youth Flag Fb	16 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	17 6-10p Parents Night Out-S
18 3:30-6p Coed Vball	19 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	20 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:30-6:30p Youth Flag Fb	21 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:15-7:30p Women's Vball	22 4-4:30p AfterSchool-S 4:30-6:30p Youth Flag Fb	23 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	24
25 3:30-6p Coed Vball	26 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N 4-4:30p AfterSchool-S	27 9:30-10:30a Chair Yoga 4-4:30p AfterSchool-S 4:30-6:30p Youth Flag Fb	28 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N 4-4:30p AfterSchool-S 5:15-7:30p Women's Vball	29 4-4:30p AfterSchool-S 4:30-6:30p Youth Flag Fb	30 9:30-10:30a Senior Fit-S 2:30-3:30p AfterSchool-S 3:30-5:30 Pickleball-N	1



Programs in **black** 1/2 the gym is reserved, **red** the full gym is reserved & **blue** program will move in the gym only in inclement weather.

Gym is open 24/7 to those with key fob access. All times subject to change. Gym schedules will vary.