

# JOIN THE ARC BOARD

## AND BECOME PART OF SOMETHING GREAT

Applications are at the front desk. Apply by 8/31!  
Term starts in October. Contact  
Mara@AllianceRecCenter.com for more information



# SAVE THE DATE

ADULT PROM 9/24

Daddy Daughter & Mother Son Prom 9/25

## Staffed Hours \* Starting Sept 6th

Mon-Fri 8:00 am - 8:00 pm  
Sat 8:00 am - 6:00 pm  
Sun 1:00 pm - 6:00 pm

### ChildWatch Hours

Mon-Fri 8:00 am - 11:00 am  
Mon-Thu 4:00 pm - 7:00 pm

24 hour access available to those ages 19+  
Download Fitness Schedule & Gymnasium Schedule  
@ [www.alliancerecenter.com](http://www.alliancerecenter.com)

## Adult Leagues

### Women's Volleyball

6 on 6

September 7th - November 9th  
Wednesdays 5:45pm, 6:30pm & 7:15pm  
Sign Up Deadline August 31st

Team Fee \$180  
Registration packets available at the ARC

### COED Volleyball

6 on 6

September 11th - November 13th  
Sundays 4:00pm & 5:00pm  
Sign Up Deadline September 4th

Team Fee \$180  
Registration packets available at the ARC

### Mens Basketball

5 on 5

October 10th - December 19th  
Mondays 6:00pm, 7:00pm & 8:00pm  
Sign Up Deadline October 3rd (no games oct 31st)

Team Fee \$180  
Registration packets available at the ARC

### Women's Basketball Drop In

November 16th - December 28th  
Wednesdays 5:45-7pm  
Sign Up Anytime

Player Fee Members \$10/ Non-Members \$20  
Teams made nightly.

# FALL 2022 PROGRAM GUIDE

Alliance Recreation Center

[www.alliancerecenter.com](http://www.alliancerecenter.com)



## Youth Programs

### ARC After School

#### Grades K-5th

Serving APS, IELS & St. Agnes. Students receive homework help, physical activity, snack & more! Transportation included. Pickup by 5:30pm. We cover the 2pm early dismissal days!

Weekly Rates: Members \$35 / Non-Members \$50 / Scholarships \$20

### School Day Out Camp

#### Grades K-5th

Full day of fun! Please bring a water bottle and a sack lunch. Auto payment Sunday before camp date or pay in full at sign up. 7:45a -5:30p

October 14th, 21st & 31st

November 23rd

December 21st, 22nd, 27th, 28th, 29th & 30th

January 2nd & 3rd

Members \$15/day, Non-Members \$20 / day.  
Must unenroll seven days prior to camp date for refund.

### Parents Night Out

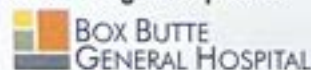
#### 6 weeks & up

Kids have a blast while parents enjoy a night out!

- September 17th
- October 15th
- November 12th

Please bring a water bottle for older kids and diapers, wipes, bottles and appropriate snacks for babies & toddlers. Deadline noon the Friday before. 6pm-10pm  
Members \$7, Non-Members \$10

Youth Program Sponsor



## Youth Sports

### Rookie Basketball

#### Pre K (4yrs) - 2nd Grade

October 25th-November 22nd  
Introduction to basketball! 30 min skills followed by a 30 min scrimmage.

Tuesdays 5:00p Pre- K (4yrs) - Kindergarten

Tuesdays 6:15p 1st - 2nd Grade

Members \$25/Non -Members \$45

Sign Up deadline October 11th\*

### Youth Basketball

#### Boys & Girls 3rd- 6th Grades

October 15th - November 17th

AHS Coaches Crile & Holst will lead skills clinics on Saturdays. Coaches needed for scrimmages on Thursdays and to help with skills clinic.

Saturday's Skills

8:30am GIRLS 3rd-6th Grade

9:45a BOYS 3rd-4th Grade / 11:00a BOYS 5th-6th Grade

Thursday's Scrimmage

BOYS 4:30p &/or 5:30p / GIRLS 6:30p

Members \$30/Non- Members \$50

Sign Up deadline October 6th\*

Sign Up Today



\*Price increases \$5 after the deadline.  
Late registrations may not be accepted.



## Youth Sports

### Youth Cheerleading

#### Kinder - 2nd Grade

September 14th - October 18th

Got spirit? Jacque Bair will teach cheer fundamentals and fun! We are looking for an assistant to help.

Wednesdays 5:15-6pm 9/14, 9/21, 9/28 & 10/12

Cheer performance Tue 10/4 at AMS football game and 10/18 at the ARC flag football game. (Subject to change)

Members \$25/ Non-Members \$45

Sign up Deadline Sept 7th\*

### Youth Jiu Jitsu

#### Ages 6-13 years

Sept 12th - Dec 19th (No class Oct 31st)

BJJ helps teach kids self-defense, confidence, focus, health and they have fun! Instructor Michael Garcia

Mondays

Ages 6-9 years, 5:00-5:45pm

Ages 10-13 years, 5:45-6:30pm

Members \$56 / Non-Members \$98

Pay in full or monthly auto pay available. Join anytime.

### Rookie Flag Football

#### Kinder - 2nd Grades

September 13th - October 20th

Introduction to football. Coaches will set practice times.

Tue and/or Thu 4:30p and/or 5:30p games

Members \$30/Non-Members \$50

Sign Up deadline August 30th\*

### Coaches Needed

Volunteer youth coaches needed. All coaches receive free a family membership during the program, free enrollment for child, support and coaching manuals. Contact Reve' Fries 308-762-2201

