

July Gym Schedule 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
27	28	29	30	1	2	3
				7:30-8:45a-Camp 8:45-1:30p-Camp-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	
4	5	6	7	8	9	10
ARC CLOSED! 24hr Access Available	ARC CLOSED! 24hr Access Available	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Chair Yoga 5:45-7:30p Women's VB-S	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	
11	12	13	14	15	16	17
Middle School VB Open Gym 4-5pm - N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Chair Yoga 5:45-7:30p Women's VB-S	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	
18	19	20	21	22	23	24
Middle School VB Open Gym 4-5pm - N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Chair Yoga	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	
25	26	27	28	29	30	31
Middle School VB Open Gym 4-5pm - N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:30p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Chair Yoga	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3-5:15p Pickleball-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N	7:30-8:45a-Camp 8:45-1:30p-Camp-N 9:30-10:30a Senior Fit-S 3:30-5:30 Pickleball-N	



Programs in **black** 1/2 the gym is reserved and the other side is open.
 Programs in **red** the full gym is reserved for the program. All other times full gym open for use.

Gym is open 24-7 for members with Key Fob access. All times are subject to change.

Gym schedules WILL vary month to month based on programs!