



FEBRUARY GYM SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>Gym Hours Open 24-HOURS— sign up for a key fob! N— North Gym S— South Gym</p>	<p>● 1/2 Gym ● Full Gym Closed ✳ ARC members with 24-Hour Access</p>	<p>All other times full gym open for recreation, play, walking, etc. All open sports are drop in; come and play, no sign up needed. All times subject to change. (Birthday Parties, After School, etc. may be using 1/2 Gym during full open gym) Follow us on Facebook for updates and changes. Join the ARC Adult Sports Facebook group for info on programs & leagues.</p>			<p>1 8-10a Open Pickleball-N 10:30-3:30p Open Volleyball-N</p>	<p>2 4:00-6:00p Coed Volleyball</p>
<p>3 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N 7-9p HS Tennis-N</p>	<p>4 6-7a Open Pickleball-N* 9:30-10:30a Chair Yoga 12-1p Open Basketball-S 6:30-8:30p Y-Ball League</p>	<p>5 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball S 1-3p Open Pickleball-N 5:30-7:30p Women's Volleyball</p>	<p>6 6-7a Open Pickleball-N * 9:30-10:30a Dance Fit-S 12-1p Open Basketball-S 4:30-6:30 p Youth Volleyball</p>	<p>7 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 4:30-6:30 Youth Volleyball 7-9p Open Pickleball-N</p>	<p>8 8-10a Open Pickleball-N 10:30-3:30p Open Volleyball- N</p>	<p>9 4:00-6:00p Coed Volleyball</p>
<p>10 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N 7-9p HS Tennis-N</p>	<p>11 6-7a Open Pickleball-N* 9:30-10:30a Chair Yoga 12-1p Open Basketball-S 6:30-8:30p Y-Ball League</p>	<p>12 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N 5:30-7:30p Women's Volleyball</p>	<p>13 6-7a Open Pickleball-N * 9:30-10:30a Dance Fit-S 12-1p Open Basketball-S 4:30-6:30 p Youth Volleyball</p>	<p>14 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 4:30-6:30 Youth Volleyball 7-9p Open Pickleball-N</p>	<p>15 8-10a Open Pickleball-N 10:30-3:30p Open Volleyball- N</p>	<p>16 4:00-6:00p Coed Volleyball</p>
<p>17 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N 7-9p HS Tennis-N</p>	<p>18 6-7a Open Pickleball-N* 9:30-10:30a Chair Yoga 12-1p Open Basketball-S 6:30-8:30p Y-Ball League</p>	<p>19 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N 5:30-7:30p Women's Volleyball</p>	<p>20 6-7a Open Pickleball-N * 9:30-10:30a Dance Fit-S 12-1p Open Basketball-S</p>	<p>21 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball-N</p>	<p>22 8-10a Open Pickleball 10-10:45 Rookie Sports -S</p>	<p>23 1p-3:30p Open Volleyball-N 4:00-6:00p Coed Volleyball</p>
<p>24 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N 7-9p HS Tennis-N</p>	<p>25 6-7a Open Pickleball-N* 9:30-10:30a Chair Yoga 12-1p Open Basketball-S 6:30-8:30p Y-Ball League</p>	<p>26 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N 5:30-7:30p Women's Volleyball</p>	<p>27 6-7a Open Pickleball-N * 9:30-10:30a Dance Fit-S 12-1p Open Basketball-S 5:30-6:30p Beginner Pickleball-N</p>	<p>28 6-7a Open Pickleball N* 12-1p Open Basketball-S 5-7p Open Pickleball-N</p>	<p>29 8-10a Open Pickleball 10-10:45 Rookie Sports -S</p>	