



SEPTEMBER GYM SCHEDULE

● 1/2 Gym Closed / 1/2 Gym Open

● Full Gym Closed

✿ ARC members with 24-Hour Access

Gym Now Open 24/7

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
2 6-7a Open Pickleball N* 7:45-8:30a Camp -S 9:30-10:30a Senior Fit-S 10:30-11:30a Camp -N 12-1p Open Basketball-S 5-7p Open Pickleball -N	3 6-7a Open Pickleball-N* 7:45-8:30a Camp -S 9:30-10:30a Chair Yoga 12-1p Open Basketball-S	4 6-7a Open Pickleball-N* 7:45-8:30a Camp -S 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N	5 6-7a Open Pickleball-N * 7:45-10a Camp -S 9:30-10:30a Dance To Fit 12-1p Open Basketball-S 6:30-9:30p Adult Flag Football 7-9p Open Basketball-S	6 6-7a Open Pickleball N* 7:45-8:30a Camp -S 10:30-11:30a Camp -N 12-1p Open Basketball-S 5-7p Open Pickleball-N	7 8-10a Open Pickleball-N	8 *In inclement weather football will close full gym* S- South Gym N-North Gym
9 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N	10 6-7a Open Pickleball-N* 9:30-10:30 Chair Yoga 12-1p Open Basketball-S 4:30-6:30p Youth Flag Football	11 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N	12 6-7a Open Pickleball-N * 9:30-10:30a Dance To Fit 12-1p Open Basketball-S 6:30-9:30p Adult Flag Football 7-9p Open Basketball-S	13 6-7a Open Pickleball N* 12-1p Open Basketball-S 5-7p Open Pickleball-N	14 8-10a Open Pickleball-N	15 4-6p COED Volleyball
16 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N	17 6-7a Open Pickleball-N* 9:30-10:30 Chair Yoga 12-1p Open Basketball-S 4:30-6:30p Youth Flag Football	18 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N 5:45-7:00p Women's Volleyball	19 6-7a Open Pickleball-N * 7:45-10a Camp -S 9:30-10:30a Dance To Fit 12-1p Open Basketball-S 6:30-9:30p Adult Flag Football 7-9p Open Basketball-S	20 6-7a Open Pickleball N* 12-1p Open Basketball-S 5-7p Open Pickleball-N	21 8-10a Open Pickleball-N	22 4-6p COED Volleyball
23 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N	24 6-7a Open Pickleball-N* 9:30-10:30 Chair Yoga 12-1p Open Basketball-S 4:30-6:30p Youth Flag Football	25 6-7a Open Pickleball-N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 1-3p Open Pickleball-N 5:45-7:00p Women's Volleyball	26 6-7a Open Pickleball-N * 9:30-10:30a Dance To Fit 12-1p Open Basketball 6:30-9:30p Adult Flag Football 7-9p Open Basketball-S	27 6-7a Open Pickleball N* 12-1p Open Basketball-S	28 8-10a Open Pickleball-N	29 4-6p COED Volleyball
30 6-7a Open Pickleball N* 9:30-10:30a Senior Fit-S 12-1p Open Basketball-S 5-7p Open Pickleball -N	<div style="border: 1px solid black; padding: 10px;"> <p>All other times full gym open for recreation, play, walking, etc. All open sports are drop in; come and play, no sign up needed.</p> <p>All times subject to change. (Birthday Parties, After School, etc. may be using 1/2 Gym during full open gym).</p> <p>Follow us on Facebook for updates and changes. Join ARC Adult Sports Facebook group for info on programs & leagues.</p> <p>Alliance Recreation Center 1202 E 10th Street 308.762.2201 FB @AllianceRecCenter</p> </div>					